

October 13–15, 2026
St. Petersburg



SPIHF 2026: «Health preservation as a path to active longevity»

Organiser:

EXPOFORUM



ABOUT SPIHF

St. Petersburg International Health Forum (SPIHF) is a federal platform bringing together representatives of government, business and science, leading industry experts and healthcare practitioners to collaborate on improving medical care and protecting the health of citizens.

Forum geography: in 2025, the Forum was attended by more than 7,500 people from 65 regions of Russia and 19 countries (Russia, Belarus, China, Abkhazia, Switzerland, Vietnam, Uzbekistan, Zambia, Afghanistan, Kazakhstan, Tajikistan, India, Sri Lanka, Ethiopia, Turkey, Armenia, Turkmenistan, Hungary and South Korea).



ADVANTAGES OF SPIHF

1

SPIHF is one of the key congress and exhibition events in the Northwestern Federal District in the field of healthcare and public health, combining B2B, B2G and B2C formats

2

Held since 2013

3

A large congress program, a relevant agenda, industry leaders and international experts on one platform

4

Availability of a scientific and practical program. Exchange of experience and enhancement of professional competencies (CME points)

5

Wide representation of regions by specialists

6

Business excursions to leading medical centres in St. Petersburg and the Leningrad Region

RESULTS OF SPIHF 2025

7,500
visitors

95
companies

65 regions
of Russia
and **19** countries

3,500 sq. m
total exhibition
area

1,000
Meetings
at Business
Matchmaking
Centre

80
events
of the
convention
program





SPIHF 2026: Health preservation as a path to active longevity

Strategic directions:

- **Healthcare sovereignty:** domestic technologies, medicines and equipment
- **Medicine in the face of new challenges:** military medicine, rehabilitation and psychological support
- **Demography and family:** reproductive health, traditional values and active longevity
- **Digital medicine:** AI, telemedicine
- **Medical services export:** medical tourism, international cooperation
- **Innovations in surgery:** reconstructive, plastic and high-tech surgery

Forum conception:



October, 13: Dialogue with government

October, 14: Doctor – Specialist Day

October, 15: Doctor – Patient Day



CONVENTION PROGRAM



Combating oncological diseases



Surgery: innovations, practice, future



Strategy and prospects for preserving the country's reproductive potential



Regional healthcare: development of primary medical and sanitary care



Combating cardiovascular diseases



Medical and wellness tourism as a strategic factor



Military medicine of the 21st century



Medical personnel: shortage, training, transformation



Clinical and psychological assistance for participants of the Special Military Operation (SMO) and their families



Aesthetic medicine



Active longevity: preserving traditional family values



Digitalisation of the industry and artificial intelligence

STRUCTURE OF THE EXHIBITION PROGRAM

Medical equipment, devices and diagnostics

- Functional diagnostics
- Radiology
- Ultrasound equipment
- Laser technology, equipment and devices
- Equipment for obstetrics, gynecology and neonatology
- Medical instruments and materials
- Consumables and dressings
- Laboratory supplies
- Medical furniture
- Specialised medical clothing
- Specialised transport
- Emergency medical equipment

Military medicine

- Equipment and self-aid tools for field medicine
- Gear and equipment for military medics
- Equipment and tools for home palliative care
- Special transport and mobility devices
- Clothing and linen for rehabilitation
- Mobile hospitals and laboratories
- Drug delivery systems
- Unmanned vehicles

Digitalisation of the industry and artificial intelligence

- Programs and components for healthcare and individual medical centres
- Medical administration systems
- Hospital medical information systems
- Search engines
- Systems for accounting diagnostic studies
- Telemedicine systems
- Medical robotics

STRUCTURE OF THE EXHIBITION PROGRAM

Medical rehabilitation

- Rehabilitation aids
- Implantable devices and prosthetics
- Robotic systems and computer installations
- Telemedicine and remote monitoring in rehabilitation
- Orthopedic products
- Equipment for accessible environments
- Rehabilitation centres, hospitals, diagnostic centres, prosthetics centres

Health for everybody

- Medical and wellness tourism
- Sports medicine
- Preventive medicine
- Aesthetic medicine
- Proper nutrition and dietetics
- Medical insurance
- Medical law
- Pharmaceutical products and dietary supplements

Professional competency development

- Medical universities and residencies
 - Medical clusters/associations
 - Private clinics
- Training programs

Industry media and journalism

- Information and communication technologies

PARTICIPANTS OF SPIHF 2026

Government agencies: the Russian Ministry of Health, regional committees, the Federal Compulsory Medical Insurance Fund and Federal Service for Surveillance on Consumer Rights Protection and Human Wellbeing (Rospotrebnadzor)

Medical institutions: public and private clinics, centres and research institutes

Pharmaceutical companies: drug manufacturers, distributors and pharmacy chains

Medical equipment manufacturers: domestic and foreign companies

Scientific and educational communities: universities, academies and research schools

IT companies: digital healthcare solution developers

Military medical institutions: the Military Medical Academy, hospitals and rehabilitation centers

International delegations: health ministries, associations and clinics

Media: federal and industry media



PORTRAIT OF THE FORUM PARTICIPANTS

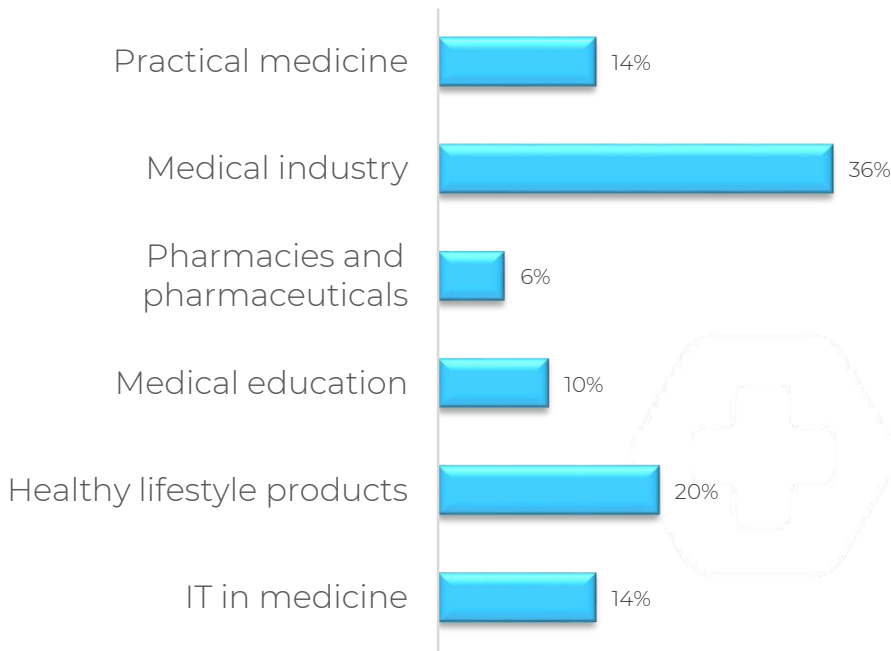
EXHIBITOR

Companies from Russia, Belarus and South Korea are represented at the SPIHF

63% plan to participate next year

85% was CSI of the participants.

Areas of activity of the participating companies



PORTRAIT OF THE FORUM PARTICIPANTS

VISITOR

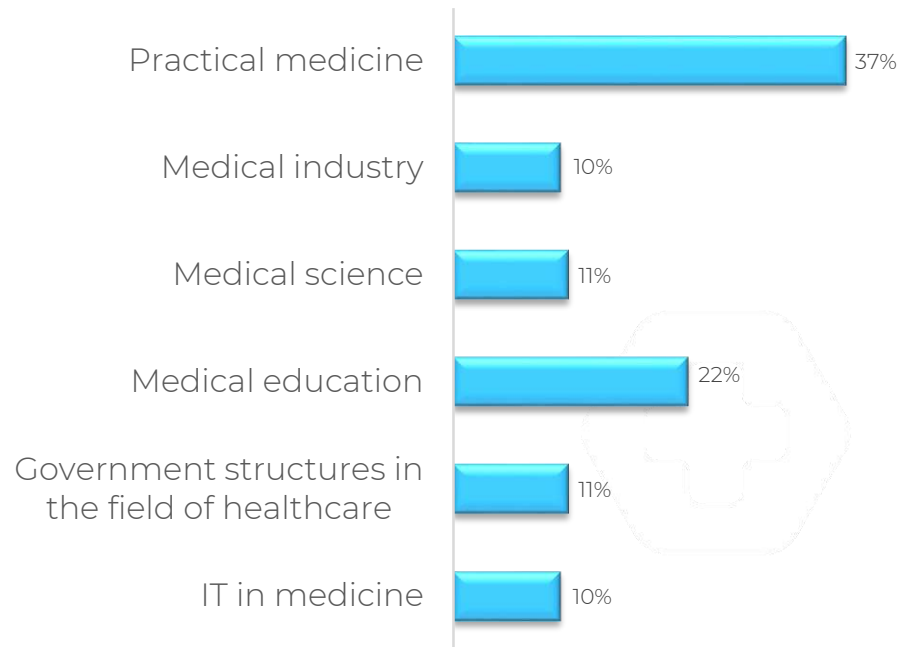
Geography of the visitors: 65 regions of Russia and 19 countries

35%
of company representatives
influence commercial decision-making (DM)

Purpose of visit:

- Search for customers (46%)
- Looking through the exhibition for future participation (43%)
- Search for suppliers (42%)
- Technology/product overview (42%)
- Market trend analysis (33%)

Areas of activity of the visitors companies



EXPOFORUM – INTERNATIONAL CENTRE OF BUSINESS EVENTS

ExpoForum International Limited:

- enters top 5 exhibition and convention organisers in Russia
- owns ExpoForum Convention and Exhibition Centre;
- owns professional status: member of industrial professional associations: ICCA, UFI, AIPC, RUEF, NAOM

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EXPOFORUM



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WORK WITH PARTNERS AND PARTICIPANTS

SEE YOU
AT THE 14th ST. PETERSBURG INTERNATIONAL
HEALTH FORUM!



OCTOBER 13–15, 2026

EXPOFORUM



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